Conditional phase-shift enhancement through dynamical Rydberg blockade

JIN-HUI WU¹, M. ARTONI^{2,3}, F. CATALIOTTI^{2,4} and G. C. LA $ROCCA^5$

¹ Center for Quantum Sciences and School of Physics, Northeast Normal University, Changchun 130024, China

² European Laboratory for Nonlinear Spectroscopy (LENS), 50019 Firenze, Italy

³ Department of Engineering and Information Technology and INO-CNR Sensor Lab, Brescia University, 25133 Brescia, Italy

⁴ Department of Physics and Astronomy, University of Florence, 50019 Firenze, Italy

⁵ Scuola Normale Superiore and CNISM, 56126 Pisa, Italy

Abstract – Large cross-phase shifts per photon can be attained through an all-optical polarization control of dipole blockade in Rydberg atoms. A pair of weak circularly-polarized signal and control light pulses experience a giant nonlinear cross-interaction through the conditional excitation of a Rydberg state. Conditional cross-phase modulations on the order of π -radians may be attained under specific symmetric EIT quasi-resonance conditions at large degrees of transparency. We also address the possibility of extending our scheme to work at very low intensities and within a few-blockade-radii regions.

Introduction. – Photons are ideal carriers of information because they can easily be transmitted over long 2 distances and loosely couple to the environment, yet their use is often largely hampered by the absence of significant photon-photon interactions especially when cross-phase nonlinearities are needed [1, 2]. Effective interactions be-6 tween photons must be then mediated by a suitable medi-7 um to reach useful cross-phase shifts. For potential ap-8 plications in advanced optical information processing [3] one is required to deal with conditional nonlinear inter-10 actions that are enabled when a "control" light pulse im-11 prints a phase shift onto another "signal" light pulse [4]. 12 Promising strategies consist in coupling an optical cavity 13 to single atoms [5,6], atomic ensembles [7], and artificial 14 atoms [8]. Alternative approaches comprise light-atoms 15 interfaces [9] driven into a regime of electromagnetical-16 ly induced transparency (EIT) [10]. These implementa-17 tions, however, are challenging and the observed cross-18 nonlinearities yield conditional phase shifts far less than 19 the desired value of π [11, 12]. Cross-phase modulations 20 in the range 1 - 10 micro-radians per photon have been 21 observed in slow-light cold atoms [13] while slightly larger 22 shifts have been achieved through specific post-selection 23 procedures [14]. 24

Rydberg atoms have attracted extensive attention ow-25 ing to the presence of strong dipole-dipole interaction-26 s [15, 16]. These manifest themselves directly through a 27 dipole blockade effect [15, 17] preventing the simultane-28 ous excitations of two or more atoms within a Rydberg 29 superatom (SA) [18]. Such a mechanism has been exploit-30 ed to create robust light-atoms interfaces [9, 19, 20] where 31 the combination with EIT makes Rydberg media appeal-32 ing to foster significant cooperative optical nonlineari-33 ties [7, 16, 21, 22]. Recently a single-photon π phase-shift 34 has been measured in such Rydberg-EIT media through 35 a pulse storage-retrieval technique [23], as well as in high-36 finesse optical resonators for atoms [24,25]. Note, however, 37 that the π phase-shift in [23] is postselected upon the de-38 tection of a control photon at very large optical depths, 39 *i.e.* with more than 90% absorptive losses. 40



Fig. 1: (Color online) (top) Conditional Cross-Phase Shift. Different phase shifts ϕ_s^a and ϕ_s^b are imprinted upon a signal beam propagating across a SA, depending on the presence or absence of a control beam. The conditional cross-phase shift $\Delta \Phi_s$ may equal π for tens of SAs under a suitable symmetric-EIT configuration (see text). (bottom) Cooperative Signal Susceptibilities. Level configurations contributing to different cooperative signal susceptibilities, depending on the presence (a1-a2) or absence (b1-b2) of the control beam, being either choice conditional to its circular polarization. Each cooperative signal susceptibility is further determined by the SA population of the Rydberg state $|r\rangle$, whose two opposite limits $P^{a,b} \to 0$ and $P^{a,b} \to 1$ result in different level configurations and thus different individual signal susceptibilities $\chi_s^{a1,b1}$ and $\chi_s^{a2,b2}$. The levels $\{|g\rangle, |a\rangle, |m\rangle, |e\rangle$, and $|r\rangle\}$ represent the ⁸⁷Rb manifold $\{ | 5^2 S_{1/2}, F = 1, m = -1 \rangle, | 5^2 S_{1/2}, F = 2, m = 0 \rangle, \}$ $|5^2S_{1/2}, F = 1, m = +1\rangle, |5^2P_{1/2}, F = 1, m = 0\rangle, \text{ and } |90s\rangle\}$ whose detunings from the dressing, coupling, signal, and control fields are $\delta_D = \omega_D - \omega_{re}$, $\delta_C = \omega_C - \omega_{ea}$, $\delta_s = \omega_s - \omega_{eg}$, and $\delta_c = \omega_c - \omega_{em}$ in order with $\Omega_{D,C,s,c}$ denoting the corresponding Rabi frequencies.

EIT-symmetric driving regime [26] and is at variance with 48 cross-Kerr like [27], resonant absorbing [28], transversely 49 separated [29], and site addressable [30] Rydberg nonlin-50 earities. In the EIT-symmetric driving approach pursued 51 here the pulsed regime is further shown to benefit from in-52 trinsic group-velocity matching and high spatial-temporal 53 coherence of signal and control beams. We finally discuss 54 the feasibility of extending our scheme to work with small 55 photon-numbers pulses subjecting to small losses and dis-56 tortions, a critical step toward the implementation of a 57 deterministic low intensity optical gate [31, 32]. 58

Phase-Shift. – We use cold Rydberg ⁸⁷Rb atoms
 driven by a pair of strong continuous-wave (CW) coupling

and dressing fields into the level configurations shown in Fig. 1 to manage the phases of another pair of weak signal and control pulsed fields. Our scheme relies on three key features. First, the uppermost Rydberg level $|r\rangle$ coupled to the intermediate excited level $|e\rangle$ by the strong CW driving field Ω_D provides the large nonlinear mechanism. Second, the unpopulated ground state level $|a\rangle$ coupled to the intermediate excited level $|e\rangle$ by the strong CW coupling field Ω_C ensures that both the signal (Ω_s) and control (Ω_c) pulses always propagate in the EIT regime. Third, the equally populated ground state levels $|g\rangle$ and $|m\rangle$ allow for the symmetric response [33] experienced by the signal and control pulses (their role could actually be exchanged) and, in particular, it turns out to be crucial for their group-velocity matching.

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Upon impinging on a sample of length L, a monochro-76 matic signal beam of wavevector $k_s = \omega_s/c$ will acquire the 77 nonlinear phase-shift $\phi_s = \phi_o Re[\chi_s]$, where $\phi_o = k_s L/2$ 78 is half the vacuum phase-shift, and will experience ab-79 sorption characterized by half the nonlinear optical depth 80 $\kappa_s = \phi_0 Im[\chi_s] \ (|\chi_s| \ll 1).$ The signal susceptibility χ_s is 81 found to depend critically on whether the Rydberg tran-82 sition is *allowed* or *blocked*. The latter case occurs when 83 one atom is excited to the Rydberg level and strong dipole-84 dipole interactions shift level $|r\rangle$ of other atoms within a 85 SA far-off-resonance from field Ω_D (dipole blockade) [15]. 86 When the control beam is present with the σ_c^- polarization 87 [see Fig. 1(a)], atoms inside a SA are driven into a " Φ " 88 or a " \cap " configuration respectively in the limit of smal-89 l $(P^a \to 0)$ or large $(P^a \to 1)$ SA Rydberg excitations. 90 Similarly, when the control beam is absent with the σ_c^+ 91 polarization [see Fig. 1(b)], atoms inside a SA are driven 92 into a "A" or a "A" configuration in the limit of smal-93 1 $(P^b \rightarrow 0)$ or large $(P^b \rightarrow 1)$ SA Rydberg excitations. The simpler " \cap " and " Λ " configurations occur because of 95 dipole-blockade and most importantly, the SA Rydberg populations themselves strongly depend on whether the control beam is present (P^a) or absent (P^b) , which trig-98 gers a very large cross-nonlinearity. 99

Such polarization-selective Rydberg nonlinearities can 100 be exploited to bring about large conditional changes in 101 the signal phase over a wide range of the coupling and 102 dressing Rabi frequencies $(\Omega_{C,D})$ and detunings $(\delta_{C,D})$. 103 In what follows, we choose to work with equal signal and 104 control detunings $\delta_s = \delta_c \equiv \delta$, Rabi frequencies $\Omega_s =$ 105 Ω_c , and ground levels $\{|g\rangle, |m\rangle\}$ populations, *i.e.* with 106 a symmetric-EIT driving configuration [34]. We further 107 adopt a universal relation for the dependence of the signal 108 susceptibility χ_s on the SA Rydberg population $P^{a,b}$ akin 109 to the one introduced in [17]. Then the signal phase-shift 110 in the presence (ϕ_s^a) or absence (ϕ_s^b) of the control beam 111 can be written as [38], 112

$$\phi_s^a = \phi_0 \{\underbrace{P^a Re[\chi_s^{a2}] + (1 - P^a) Re[\chi_s^{a1}]}_{Re[\chi_s^a]} \}, \ \{a1 \rightleftharpoons a2\} \ (1)$$

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$$\phi_s^b = \phi_0 \{ \underbrace{P^b Re[\chi_s^{b2}] + (1 - P^b) Re[\chi_s^{b1}]}_{Re[\chi_s^b]} \}. \quad \{b1 \rightleftharpoons b2\} \quad (2)$$

Such relations are found to agree with rate equation mod-114 els of multilevel Rydberg atoms exhibiting strong dipole-115 dipole interactions, based both on many-body simulation-116 s [17] and on semi-analytical one-body approaches [36]. 117 In fact, they have been used to explain the observation of 118 nonlinear dispersive effects in cold Rydberg atoms [7, 37]. 119 The phase shift ϕ^a_{ϵ} depends on the susceptibility χ^a_{ϵ} which 120 we term here *cooperative* as it is determined by the inter-121 play of the two *individual* susceptibilities χ_s^{a1} and χ_s^{a2} [34]. 122 The susceptibility χ_s^a strongly depends on the SA Rydberg 123 population P^a provided χ_s^{a1} is significantly different from χ_s^{a2} . The same holds for ϕ_s^b . 124 125

The population P^a specifically represents the averaged 126 Rydberg excitation probability (sect. B of [34]), *i.e.* the 127 Rydberg excited fraction for a single SA containing n_{SA} 128 atoms [36]. In the presence of the control beam, for weak 129 dressings the Rydberg population may decrease to $P^a \rightarrow 0$ 130 so that the signal experiences the five-level (Φ) dispersive 131 shift $\phi_o Re[\chi_s^{a1}]$; conversely for intense dressings the Ryd-132 berg population may increase to $P^a \to 1$ so that the signal 133 experiences the four-level (\cap) dispersive shift $\phi_{\alpha} Re[\chi_{s}^{a2}]$. 134 The latter is based on the fact that an atom excited to the 135 Rydberg level can detune from resonance all neighboring 136 atoms inside a blockade sphere of radius R_b [36, 39, 40]. 137 Analogous considerations hold for the population P^b and 138 for the shift ϕ_s^b in Eq. (2) which will reduce in one case to 139 $\phi_o Re[\chi_s^{b1}](\Lambda)$ and in the other case to $\phi_o Re[\chi_s^{b2}](\Lambda)$. It is 140 further worth noting that for the specific symmetric-EIT 141 driving configuration considered here, the signal exhibits 142 almost identical responses for the Λ (b2) and the \oplus (a2) 143 configurations as well as for the Λ (b1) and the Λ (a1) 144 configurations [35]. The conditional phase shift, *i.e.* the 145 difference between the signal phase shift when the control 146 is present $(a1 \rightleftharpoons a2)$ and the signal phase shift when the 147 control is absent $(b1 \rightleftharpoons b2)$, then becomes, 148

$$\Delta \Phi_s = (\phi_s^b - \phi_s^a) \simeq \phi_0 \ Re[\chi_s^{b2} - \chi_s^{b1}] \times (P^b - P^a), \quad (3)$$

where the challenge is to achieve $|\Delta \Phi_s| = \pi$. Individu-149 al susceptibilities χ_s^{b1} and χ_s^{b2} in Eq. (3) are defined in 150 the absence of dipole-dipole interactions and can be com-151 puted by solving standard equations for atomic density 152 matrix elements [41]. The Rydberg populations P^a and 153 P^b , on the other hand, can be computed upon replacing 154 $\Omega_{s,c} \rightarrow \Omega_{s,c} \sqrt{n_{sa}/2}$ with $n_{sa} = N_0 (4\pi R_b^3/3)$ [39] in the 155 corresponding equations for SA density matrix elements. 156 Such a scaling takes into account the fact that the sig-157 nal $\{|q\rangle \leftrightarrow |e\rangle\}$ and control $(\{|m\rangle \leftrightarrow |e\rangle\}$ transitions are 158 enhanced by the atomic number $n_{sa}/2$ in relevant collec-159 tive states of each SA, being the atoms equally distributed 160 between ground levels $|g\rangle$ and $|m\rangle$. 161

These qualitative arguments are now quantified for a realistic sample of cold ${}^{87}Rb$ atoms. While details of the



Fig. 2: (Color online) Cross-phase shifts $(\boldsymbol{a}, \boldsymbol{b})$ and half-optical depths $(\boldsymbol{c}, \boldsymbol{d})$ for CW signal and control fields vs. δ and Ω_C with $\Omega_D = 2\pi \times 12.0$ MHz $(\boldsymbol{a}, \boldsymbol{c})$; δ and Ω_D with $\Omega_C = 2\pi \times 6.0$ MHz $(\boldsymbol{b}, \boldsymbol{d})$. Black points in $(\boldsymbol{a}, \boldsymbol{b})$ show the parameter regions where $\Delta \Phi_s = \pi$ along with the (*blue-red-green*) coordinateplanes projections. Black points in $(\boldsymbol{c}, \boldsymbol{d})$ show the half-optical depths corresponding to $\Delta \Phi_s = \pi$ along with the (*blue-redgreen*) coordinate-planes projections. The upper (lower) set of black points in $(\boldsymbol{c}, \boldsymbol{d})$ are obtained in the absence (presence) of the control beam. The sample of cold ⁸⁷ Rb atoms has a length L = 1.0 mm, a density $N_0 = 4.8 \times 10^{12}$ cm⁻³, dipole moments $d_{eg} = d_{em} = 1.5 \times 10^{-29}$ Cm, and homogeneous dephasings: $\gamma_{ge,me,ae,re} = 2\pi \times 3.0$ MHz, $\gamma_{gr,mr,ar} = 2\pi \times 10$ kHz, and $\gamma_{ga,gm,ma} = 2\pi \times 2.0$ kHz. The CW coupling and dressing field have detunings $\delta_C = -\delta_D = 2\pi \times 80.0$ MHz.

procedure used to compute both individual susceptibil-164 ities and Rydberg populations in Eq. (3) can be found 165 in [34] for the case of monochromatic CW signal and con-166 trol fields, we plot in Fig. 2 the resulting cross-phase shift 167 as a function of the common detuning δ , the coupling Rabi 168 frequency Ω_C [Fig. 2(a)] and the dressing Rabi frequen-169 cy Ω_D [Fig. 2(b)], showing the characteristic parameter 170 regions where $\Delta \Phi_s$ equals π . There we also plot the corre-171 sponding half-optical depth [38] showing maximal trans-172 mission $e^{-2\kappa_s} \simeq 87\%$ [Fig. 2(c)] for the driving configura-173 tion $\{ \Phi - \oplus \}$ in Fig. 1(a) yet $e^{-2\kappa_s} \simeq 66\%$ [Fig. 2(d)] for 174 the configuration $\{X - \Lambda\}$ in Fig. 1(b). 175

The large shifts observed in Fig. 2 hinge on appreciable 176 differences both in the (i) individual susceptibilities and 177 in the (ii) Rydberg populations, as Eq. (3) suggests and 178 also confirmed in ref. [34] through analytical and numeri-179 cal computations. The former (i) arises from the fact that 180 the signal experiences different dispersions in the Λ -type 181 single-EIT regime (b2) and the *X*-type double-EIT regime 182 (b1) [33], whereas the latter (ii) arises from the fact that 183 Rydberg excitations, clearly occurring when the control is 184 absent $(b1 \rightleftharpoons b2)$, are instead largely suppressed when the 185 control is present $(a1 \rightleftharpoons a2)$. Such a quenching of the exci-186

tation probability P^a is due to the destructive interference 187 between the competing excitation paths $\{|g\rangle \rightarrow |e\rangle \rightarrow |r\rangle\}$ 188 and $\{|g\rangle \rightarrow |e\rangle \rightarrow |m\rangle \rightarrow |e\rangle \rightarrow |r\rangle\}$. This competing be-189 havior is instead absent for P^b whereby the only excitation 190 path is $\{|g\rangle \rightarrow |e\rangle \rightarrow |r\rangle\}$. It is to be noted that although 191 the path $\{|q\rangle \rightarrow |e\rangle \rightarrow |m\rangle \rightarrow |e\rangle \rightarrow |r\rangle\}$ represents a 192 high-order process, its contribution to the transition am-193 plitude is nevertheless significant due to the enhanced SA 194 Rabi frequencies $(\Omega_{s,c} \to \Omega_{s,c} \sqrt{n_{sa}/2})$ on the probe and 195 control transitions shared by $n_{sa}/2$ atoms. 196

Reaching the π cross-phase shifts in Fig. 2 thus depends 197 on the signal and control polarizations, through a care-198 ful selection of specific dispersive EIT regimes and spe-199 cific Rydberg blockade effects. This polarization-sensitive 200 blockade mechanism, in particular, is an important and 201 novel feature that may be easily implemented to achieve 202 large optical cross-nonlinearities in atomic media. Such a 203 novelty could be especially appreciated through the com-204 parison with familiar cross-nonlinear mechanisms without 205 Rydberg blockade. This comparison is presented in [34], 206 showing that the relevant $\Delta \Phi_s$ turns out to be orders of 207 magnitudes smaller (as there is no appreciable differences 208 on $\phi_{\mathbf{s}}^{a,b}$ between the situations in which the control field is 209 on or off) while $\kappa_s^{a,b}$ (indicating absorption) remain largely 210 the same level. There we also discuss the influence of the 211 Rydberg dephasings $(\gamma_{gr,mr,ar})$ on absorption. 212

Dynamics. - In a realistic signal and control fields 213 setup one should consider *pulses* rather than monochro-214 matic beams. The extension is not straightforward owing 215 to typical pulse distortion effects [45] during the propaga-216 tion in a dense dispersive sample of cold Rydberg atom-217 s [7]. So we examine in the following the intrinsically time-218 dependent [11] cross-phase dynamics for narrow-band sig-219 nal and control *pulses* under the same symmetric EIT driv-220 ing conditions adopted before. The signal pulse slowly-221 varying envelope wave equation can be written as, 222

$$\frac{\partial\Omega_s^a}{\partial z} + \frac{1}{c}\frac{\partial\Omega_s^a}{\partial t} = \frac{i\pi N_0 d_{eg}^2}{2\epsilon_0 \hbar \lambda_s} [P^a \sigma_{ge}^{a2} + (1 - P^a) \sigma_{ge}^{a1}], \quad \{a1 \rightleftharpoons a2\}$$

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$$\frac{\partial\Omega_s^b}{\partial z} + \frac{1}{c}\frac{\partial\Omega_s^b}{\partial t} = \frac{i\pi N_0 d_{eg}^2}{2\epsilon_0\hbar\lambda_s} [P^b\sigma_{ge}^{b2} + (1-P^b)\sigma_{ge}^{b1}]. \quad \{b1 \rightleftharpoons b2\}$$

The signal pulse evolution when the control pulse is on $\{a1 \rightleftharpoons a2\}$ or off $\{b1 \rightleftharpoons b2\}$ is determined by the coupled Maxwell-Liouville equations [46], including Eqs. (4-5) and relevant dynamic equations for the atomic coherences $\sigma_{ge}^{a1,a2,b1,b2}$ and for the *SA* Rydberg populations $P^{a,b}$, as discussed in detail in [34].

For a pair of identical signal and control Gaussian pulses, the signal amplitudes $|\Omega_s^{a,b}|$ are plotted in Fig. 3(a) $\{a1 \rightleftharpoons a2\}$ and in Fig. 3(b) $\{b1 \rightleftharpoons b2\}$. It is clear that the signal pulse experiences only slightly different losses, deformations, and time delays at the sample exit regardless of the control pulse. More interestingly, the signal phases $\phi_s^{a,b} = \arg(\Omega_s^{a,b})$ plotted in Fig. 3(c) $\{a1 \rightleftharpoons a2\}$ and in



Fig. 3: (Color online) Spatial-temporal evolution of amplitudes (a, b) and phases (c, d) of a signal pulse in the presence (a, c) and absence (b, d) of another control pulse. Both incident pulses have the Gaussian profile $\Omega_{s,c}(t) = \Omega_0 e^{-(t-t_0)^2/\delta t^2}$ with $\Omega_0 = 2\pi \times 0.1$ MHz, $t_0 = 60 \ \mu$ s, and $\delta t \simeq 32 \ \mu$ s. Relevant parameters are the same as in Fig. 2 except $\Omega_C = 2\pi \times 6.0$ MHz, $\Omega_D = 2\pi \times 12.0$ MHz, and $\delta = 2\pi \times 80.19$ MHz.

Fig. 3(d) $\{b1 \rightleftharpoons b2\}$ turn out to be significantly inhomo-237 geneous or roughly homogeneous depending on whether 238 the control pulse is on or off. It should be stressed, in 239 particular, that $\Delta \Phi_s$ as inferred from Fig. 3(c,d) cannot 240 exceed ~ 0.85 π , at variance with the value of π predicted 241 by Fig. 2(a,b) in the steady-state case. One main reason 242 is that absorptive loss is not negligible for the signal and 243 control pulses during propagation. 244

Cross-phase shifts $\Delta \Phi_s$ close to π may still be reached, 245 e.g., through a slight change of the common detuning δ 246 to enlarge its departure (190 kHz \rightarrow 220 kHz) from the 247 double EIT resonance. Fig. 4(a) shows the difference of 248 individual signal phases (red-dashed), conditional to the 249 Rydberg blockade occurrence, and the difference of SA Ry-250 dberg populations (blue-dotted), conditional to the con-251 trol pulse polarization. They are so large that the corre-252 sponding cross-phase shift in Fig. 4(b) displays a maxi-253 mum ~0.96 π (red-dashed). This maximum is nearly con-254 comitant with the signal output peak and exhibits a 6%255 departure from the top for a 5% time variation around 256 the center. It is worth stressing that the slow Rydberg de-257 cay affects further the evolution of Rydberg populations 258 difference and thus cross-phase shift to result in a slow de-259 cay past the signal pulse. More homogeneous cross-phase 260 shifts (blue-dotted) may be attained by using identical 261 *flat-top* signal and control pulses [47]. Fig. 4(c) shows 262 that signal amplitude losses are about 8% or 22% and sig-263 nal time delays are about 1.8 μ s or 5.8 μ s, depending on 264 whether the control pulse is on $\{a1 \rightleftharpoons a2\}$ or off $\{b1 \rightleftharpoons b2\}$. 265 The SA populations in Fig. 4(d) for the $\{b1 \rightleftharpoons b2\}$ case fol-266 low nearly adiabatically the pulse excitation though this 267

(4)

(5)

²⁶⁸ is less apparent at the trailing edge. One main reason is ²⁶⁹ that the pulse excitation in a Λ configuration is faster than ²⁷⁰ the Rydberg decay so that repopulating the ground levels ²⁷¹ becomes a slow process. This does not happen instead for ²⁷² the $\{a1 \rightleftharpoons a2\}$ case (not shown) because the destructive ²⁷³ quantum interference in a Φ configuration well prevents ²⁷⁴ the Rydberg excitation.

It is worth noting that the results shown in Fig. 3-Fig. 4 275 correspond to pulses containing thousands of photons and 276 to a cross-phase shift of about 1.0 mrad/photon for a beam 277 waist of $w \simeq 12 \ \mu m$, which is an important figure of mer-278 it for tasks such as the realization of low-light-intensity 279 cross-phase modulations. Thus, the results in Fig. 4(b) 280 definitely represent a significant achievement [32] with the 281 sample parameters suitable to state-of-the-art magneto-282 optical traps [48], while the prospect of obtaining siz-283 able cross-phase shifts even with weaker signal and control 284 pulses down to tens of photons hinges on the availability of 285 denser Rydberg samples, yet with appropriate dephasing 286 rates [34]. One main reason is that the variation of SA Ry-287 dberg populations P^a and P^b is determined by $n_{sa} \times \Omega_0^2/2$ 288 so that a smaller Rabi frequency Ω_0 may be compensated 289 through a larger atomic number n_{sa} per blockade sphere. 290 Our scheme could also be adapted to the experimental se-291 tups based on cold atoms loaded into hollow-core optical 292 fibers [49] and even solid-state setups such as Rydberg ex-293 citons in cuprous oxide [50, 51], thus promising practical 294 applications. Phase noises, typically small if the incident 295 pulses are prepared in the well stabilized coherent states, 296 can be neglected when each contains tens to thousands of 297 photons for the parameters used here. In fact, they just 298 amount to additional dephasing rates (usually of the order 299 of kHz) on relevant atomic transitions and thus have little 300 effects on the present results. 301

Conclusions. - In summary, specific polarization-302 conditional cooperative nonlinearities that occur in far-off-303 resonance Rydberg-EIT media [26] can be harnessed to at-304 tain a π cross-phase shift (~0.001 rad per photon [52,53]) 305 between very weak signal and control light pulses that are 306 intrinsically group-velocity matched. Such low-light-level 307 large shifts are all-optically tunable, occur at small opti-308 cal depths, and offer a possibility for future applications 309 of deterministic optical gates with no need of optical cav-310 ities [7,24,25], storage and retrieval [23], or post-selection 311 procedures [14, 23]. One main feature of our proposal is 312 that the signal and control pulses always suffer small loss-313 es as they work either in the single-EIT regime or in the 314 double-EIT regime, depending on whether the Rydberg 315 excitation is allowed or blocked, which is further condi-316 tional to the polarization of the control pulse. 317

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Fig. 4: (Color online) (a) Individual phases difference $0.2 \times \phi_0 Re[\chi_s^{b2} - \chi_s^{b1}]/\pi$ (red-dashed) and SA populations difference $P^b - P^a$ (blue-dotted) at the sample exit for the Gaussian incident pulses as in Fig. 3. (b) Cross-phase shifts $\Delta \Phi_s/\pi$ at the sample exit for the Gaussian (red-dashed) incident pulses as in Fig. 3 and the flat-top (blue-dotted) incident pulses with a ~ 90 μ s duration. (c) Signal amplitudes at the sample exit in the presence (red-dashed) or absence (blue-dotted) of the control pulse, in reference to that at the sample entrance (black-solid). (d) SA populations of collective states $|g\rangle$ (black-solid), $|a\rangle$ (red-dashed), and $|r\rangle$ (blue-dotted) at the sample exit in the absence of the control pulse. Relevant parameters are the same as in Fig. 3 except $\delta = 2\pi \times 80.22$ MHz.

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[38] Similarly, replacing $Re[] \rightarrow Im[]$ in Eqs. (1-2) yields the 409 absorption coefficients κ_s^b and κ_s^a . 410

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- [39] $R_b = \sqrt[6]{C_6 |\delta_D| / (|\Omega_C|^2 + |\Omega_D|^2)}$ is defined here by considering $V(R_b) = \hbar \gamma_{EIT}$ with $V(R) = \hbar C_6/R^6$ being the van der Waals potential at distance R and γ_{EIT} = $(|\Omega_C|^2 + |\Omega_D|^2)/|\delta_D|$ being the EIT linewidth associated with Rydberg excitation in the case of $|\delta_D| \gg \gamma_{qe}$ [21]. We have also considered in calculations that SA interactions will result in a reduction of the blockade radius [36], e.g., from $R_b \simeq 13.97 \ \mu m \ (n_{sa} = 27350)$ to $R_b \simeq 13.27 \ \mu m$ $(n_{sa} = 23250)$ for the optimal parameters.
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